



FY 2022 Community Health Improvement Plan

Oklahoma Center for Orthopaedic & Multi-Specialty Surgery

Obesity • Food Insecurity • Tobacco





The Most Trusted Partner for Health



INTEGRIS Health

Mission, Vision and Values

Mission

Partnering with people to live healthier lives.

Caring for our patients is our top priority. As the largest health care system in Oklahoma, we feel it's our responsibility to improve the health of the citizens of our great state. But we learned a long time ago that we can't fully care for our community by staying exclusively within the walls of our facilities.

At INTEGRIS Health, caregivers take their education and skills into the community to make a difference in the lives of fellow Oklahomans. Their dedication, combined with our resources, helps accomplish a variety of things – from providing free clinical services, screenings and education programs to working with juvenile offenders and providing activities for senior citizens.

We also realize the health of a community isn't just physical and mental – it's economic and spiritual as well. That's why we offer a myriad of programs that address all these important issues.

Vision

Most Trusted Partner for Health

Values

iCare

Integrity, Compassion, Accountability, Respect and Excellence



Executive Summary

The Patient Protection and Affordable Care Act (ACA) requires each not-for-profit hospital to conduct a Community Health Needs Assessment (CHNA) every three years to identify significant health needs in the community, to report impact of previous community health improvement initiatives, and to develop an implementation plan to address and measure community health activities created to address the significant health needs.

INTEGRIS Health reports compliance with the requirements on the IRS Form 990 Schedule H annually. INTEGRIS Health created CHNA reports and implementation plans for Healthcare Partners Investments (Community Hospitals and Northwest Surgical Hospital), Oklahoma Center for Orthopaedic & Multi-Specialty Surgery (OCOM) and INTEGRIS Community Hospitals (Council Crossing, Del City, OKC West and Moore campuses). Documents were made available to the public.

INTEGRIS Health collaborated with local community partners on the CHNA. The results identified Obesity, Access to Care, Food Insecurity, Mental Health and Tobacco as the priority issues. INTEGRIS Health chose to focus on all of the identified priority issues.

The issues were chosen based on state and local data, surveys, identifiable gaps, available resources and input from small focus groups. In 2020, INTEGRIS Health collected 402 surveys across Oklahoma and Cleveland Counties. Surveys were collected from each facility service area and broken down to identify needs in specific areas.

INTEGRIS Health developed a one-year Community Health Improvement Plan (CHIP) designed to meet the needs of the community based on the results of the CHNA which was completed in December of 2020. The plan aligns with INTEGRIS Health pillars of excellence.

This implementation plan addresses the following priority issues.

- Obesity
- Food Insecurity
- Tobacco

During this plan cycle, INTEGRIS Health will collaborate with community partnerships to improve the health for low-income, under-served and uninsured populations. INTEGRIS Health is committed to the successful completion of the CHIP, utilizing a collaborative, systemwide approach. Outcome measures will be tracked quarterly and annually through the evaluation process.

Oklahoma City Metro Health Need Priorities

INTEGRIS Health Managed Facilities

INTEGRIS Health Edmond	INTEGRIS Baptist Medical Center	INTEGRIS Southwest Medical Center	INTEGRIS Cancer Institute	Lakeside Women's Hospital
<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco

INTEGRIS Health Joint Venture Hospitals

HPI Community Hospital North	HPI Community Hospital South	HPI Northwest Surgical Hospital	Oklahoma Center for Orthopaedic & Multi-Specialty Surgery
<ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Food Insecurity •Tobacco

INTEGRIS Community Hospital Council Crossing	INTEGRIS Community Hospital Moore	INTEGRIS Community Hospital Del City	INTEGRIS Community Hospital OKC West
<ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco



Community Health Priority Issue: OBESITY

Oklahoma is the fourth most obese state in the nation. (1) Oklahoma's obesity rate has surpassed the 35% rate and is currently at 36.8%. (1) Excess weight increases the risk of developing chronic diseases such as heart disease, stroke and diabetes. Today's convenience of fast food, more screen time and less fruit and vegetable consumption only increase a child's risk of being overweight/ obese. The impact obesity can make on a child can be lifelong. This collectively focused effort utilizes prevention strategies encouraging kids to make better choices and to move more. Education plays a significant role with adults focusing on better nutrition, portion size and increasing their physical activity. The plan's action steps overlap with interventions geared toward heart disease.

Barriers: Busy lifestyles, convenience of fast food, too much screen time, lack of access to fresh fruits and vegetables, cost of healthier foods, lack of sidewalks and safe places to walk, limited health education in schools

Community Resources: Abundance of city parks, free use of school playgrounds after hours, nutritional counseling and education programs, free walking and running clubs, local events promoting good nutrition and physical activity, area farmers' markets, weight loss counseling and support groups, food banks

(1) The State of Obesity: Better Policies for a Healthier America. 2020

Obesity

Hospital Resources: Budget, volunteers, financial contributions, fitness instructors, community dietitians, wellness coaches, screening event staff, health care students, Hispanic Initiative, translators, interpreters, grant funding, exercise physiologist, patient education materials, screening tools, screening coordinators

Partnerships: Community centers, schools, public health, police department, senior centers, fitness centers, career tech centers, quality improvement organizations, churches, libraries, regional food access, chronic disease prevention organizations, support groups

Program	SupportingActivities	Yearly Targets
Pediatrician Healthy Living Education	Provide healthy eating education	2022: Each pediatric patient receives a placement with healthy eating education
Adult Health Living Education	Provide healthy living resources	2022: Include TSET education to all patients in discharge packet 2022: Quarterly Healthy Living challenges communicated with staff through Employee Health



Community Health Priority Issue: FOOD INSECURITY

According to “Hunger Free Oklahoma,” 652,090 people are food insecure in the state. (2) Hunger affects people of all walks of life. Community survey results identified access to healthy food as an issue and scored high in all three survey forms. Therefore, we will continue to partner with the Regional Food Bank of Oklahoma across the system to address hunger and malnutrition in the state

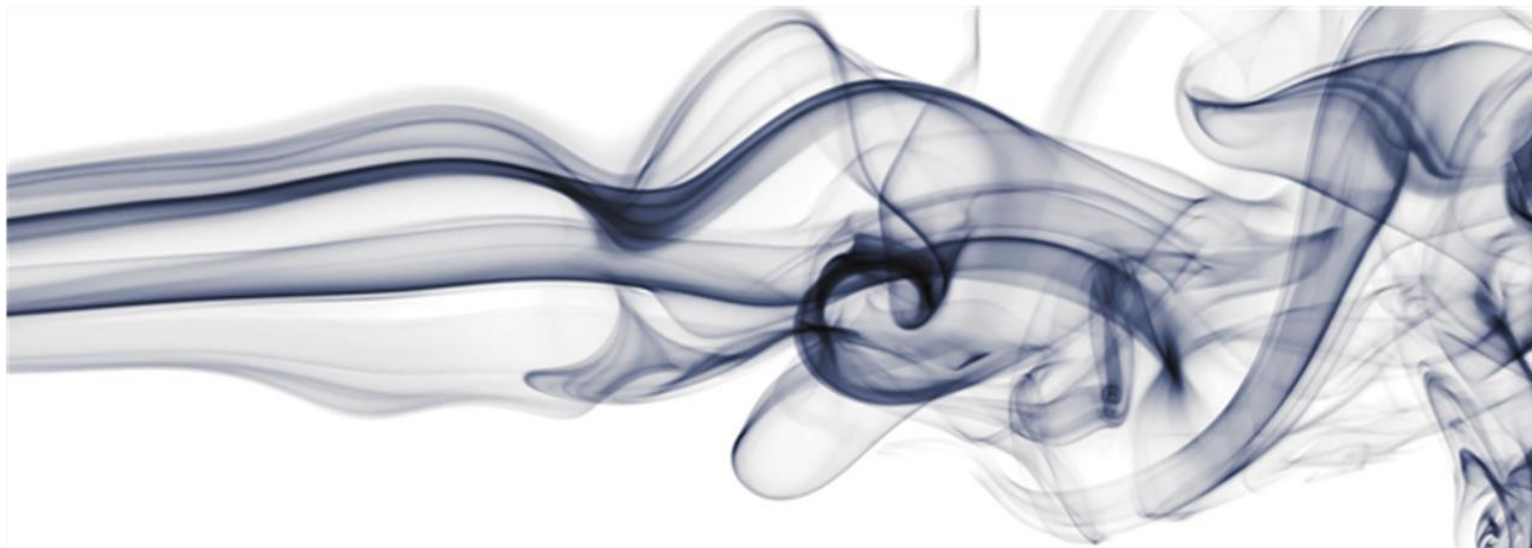
(1) Hunger Free Oklahoma. Ending Hunger in Oklahoma

Food Insecurity

Hospital Resources: community dietitians, minor emergency clinics, finances for community hospitals, free community clinic, budget for screening supplies, screening staff, volunteers, food outlets/pantries, free community screening services and coordination

Partnerships: federally qualified health centers, Regional Food Bank

Program	Supporting Activities	Yearly Targets
Food Bank Volunteers	Hospital staff volunteer their time to work at a food bank	2022: Organize two volunteer events per year
Food Drive	Support food bank/pantries through donations	2022: Establish two food drives -2 nd quarter: one food drive -4 th quarter: one food drive



Community Health Priority Issue: TOBACCO

Although tobacco was not specifically identified by the community as a priority issue, INTEGRIS Health chose to continue addressing the issue. The state of Oklahoma continues to have an “F” in heart disease deaths and a grade of “D” in the incidence of lung cancer. (3) Oklahoma is one of the unhealthiest states in the nation. Each year 7,500 adults die from their own smoking. (4) With the expansion of vaping and electronic cigarettes, nicotine addiction remains an important issue. 31.1% of cancer deaths in Oklahoma can be attributed to smoking. (6) Tobacco use in Oklahoma costs \$1.62 billion in direct health care costs. (4)

(2) Oklahoma State of the State Health Report. Indicators. 2019

(3) Tobacco Free Kids. Oklahoma State Report. 2021

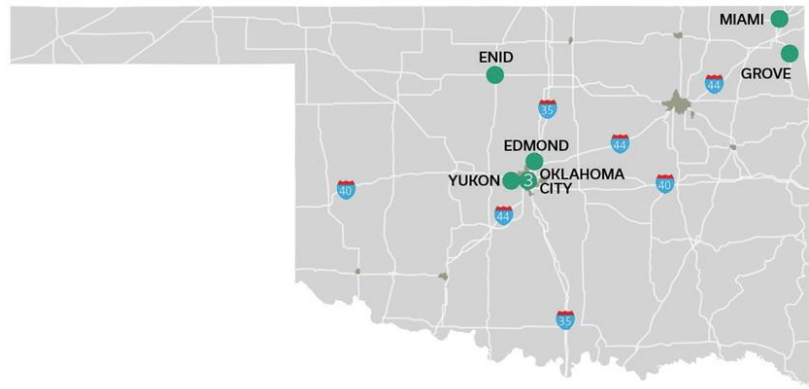
Tobacco

Hospital Resources: Educational material, referral system, Oklahoma City County Health Department Partnership and Wellness Initiatives, employee assistance program, behavioral health specialists, behavioral health services, financial support, mobile assessment team, trained mental health first aid facilitators, online screening tool

Partnerships: Youth and Family Services, United Way of Central Oklahoma, Oklahoma Department of Mental Health and Substance Abuse, American Foundation for Suicide Prevention, North Alliance on Mental Health Institute, 211 referral system, YWCA, Areawide Aging Agency, Oklahoma City Community Foundation, Oklahoma City County Health Department and Lynn Institutes' Northeast Oklahoma City Collaborative

Program	SupportingActivities	Yearly Targets
Stop Smoking Education	Provide patients smoking cessation resources	<p>2022: Offer TSET education to patients who use tobacco</p> <p>2022: TSET education in all patient waiting areas</p>
Tobacco Free Policy	All campuses are tobacco free	<p>2022: Signage is posted and up to date</p> <p>2022: Revise/update policy</p>

Facilities



Facilities required to have a Community Health Improvement Plan

HPI Community Hospital North	INTEGRIS Community Hospital Del City
HPI Community Hospital South	INTEGRIS Community Hospital Moore
HPI Northwest Surgical Hospital	INTEGRIS Community Hospital OKC West
INTEGRIS Baptist Medical Center	INTEGRIS Health Edmond
INTEGRIS Canadian Valley Hospital	INTEGRIS Southwest Medical Center
INTEGRIS Cancer Institute	Lakeside Women's Hospital
INTEGRIS Community Hospital Council Crossing	Oklahoma Center for Orthopaedic Multi-Specialty Surgery

Regional Facilities

INTEGRIS Bass Baptist Health Center, Enid
 INTEGRIS Grove Hospital
 INTEGRIS Miami Hospital
 INTEGRIS Northwest Specialty Hospital, Enid

Link to all facilities CHIPs: <https://integrisok.com/about-integris/serving-our-community/reports>



Community Health Improvement Plan FY 2022

Contact:

Tobi Campbell

Director Community Benefit & Wellness

