



Community Health Improvement Plan

(For Fiscal Years 2023, 2024, 2025)

Oklahoma Center for Orthopaedic & Multi-Specialty Surgery, LLC

Access to Healthy Food • Obesity • Tobacco





The Most Trusted Partner for Health



INTEGRIS Health

Mission, Vision and Values

Mission

Partnering with people to live healthier lives.

Caring for our patients is our top priority. As the largest health care system in Oklahoma, we feel it's our responsibility to improve the health of the citizens of our great state. But we learned a long time ago that we can't fully care for our community by staying exclusively within the walls of our facilities.

At INTEGRIS Health, caregivers take their education and skills into the community to make a difference in the lives of fellow Oklahomans. Their dedication, combined with our resources, helps accomplish a variety of things – from providing free clinical services, screenings, and education programs to working with juvenile offenders and providing activities for senior citizens.

We also realize the health of a community isn't just physical and mental – it's economic and spiritual as well. That's why we offer a myriad of programs that address all these important issues.

Vision

Most Trusted Partner for Health

Values

iCare

Integrity, Compassion, Accountability, Respect and Excellence



Executive Summary

The Patient Protection and Affordable Care Act (ACA) requires each not-for-profit hospital to conduct a Community Health Needs Assessment (CHNA) every three years to identify significant health needs in the community, to report impact of previous community health improvement initiatives, and to develop an implementation plan to address and measure community health activities created to address the significant health needs.

INTEGRIS Health reports compliance with the requirements on the IRS Form 990 Schedule H annually. INTEGRIS Health created CHNA reports and implementation plan for Oklahoma Center for Orthopaedic & Multi-Specialty Surgery, LLC (OCOM). Documents were made available to the public.

INTEGRIS Health collaborated with local community partners on the CHNA. The results identified Access to Education, Access to Meaningful Employment, Access to Healthy Food and Access to Healthcare as the priority issues. OCOM chose to focus on Access to Healthy Food, Obesity and Tobacco as the identified priority issues.

The hospitals have limited resources, not every health indicator which has an identified need for improvement will be directly addressed. Those community needs identified, but not “prioritized” for improvement included the following:

- Access to Education
- Access to Meaningful Employment
- Access to Healthcare

The issues were chosen based on state and local data, surveys, identifiable gaps, available resources, and input from small focus groups. In 2021, four non-profit hospitals engaged in a joint Community Health Needs Assessment: INTEGRIS Health, Mercy Hospital Oklahoma City, OU Health, and SSM Health St. Anthony. Surveys were collected across Oklahoma County and broken down to identify needs in specific areas.

OCOM has developed a three-year Community Health Improvement Plan (CHIP) designed to meet the needs of the community based on the results of the CHNA which was completed in January of 2022. The plan aligns with INTEGRIS Health pillars of excellence.

This implementation plan addresses the following priority issues.

- Access to Healthy Food
- Obesity
- Tobacco

During this plan cycle, INTEGRIS Health will collaborate with community partnerships to improve the health for low-income, underserved, and uninsured populations. INTEGRIS Health is committed to the successful completion of the CHIP, utilizing a collaborative, systemwide approach. Outcome measures will be tracked quarterly and annually through the evaluation process.

Oklahoma Health Need Priorities

INTEGRIS Health Managed Facilities- Oklahoma City Metro

INTEGRIS Baptist Medical Center	INTEGRIS Canadian Valley Hsopital	INTEGRIS Health Edmond	INTEGRIS Southwest Medical Center
<ul style="list-style-type: none"> •Access to Care •Acces to Healthy Food •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Acces to Healthy Food •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Acces to Healthy Food •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Acces to Healthy Food •Tobacco

INTEGRIS Health Managed Facilities- Regional

INTEGRIS Bass Baptist Health Center	INTEGRIS Grove Hospital	INTEGRIS Miami Hospital
<ul style="list-style-type: none"> •Access to Care •Acces to Healthy Food •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Acces to Healthy Food •Tobacco 	<ul style="list-style-type: none"> •Access to Care •Access to Healthy Food •Tobacco

INTEGRIS Health Joint Venture Hospitals

**HPI
Community Hospital
North**

- Access to Care
- Access to Healthy Food
- Tobacco

**HPI
Community Hospital
South**

- Access to Care
- Access to Healthy Food
- Tobacco

**HPI
Northwest Surgical
Hospital**

- Access to Care
- Access to healthy food
- Tobacco

**INTEGRIS Community
Hospital
Council Crossing**

- Access to Care
- Access to Healthy Food

**INTEGRIS Community
Hospital
Del City**

- Access to Care
- Access to Healthy Food

**INTEGRIS Community
Hospital
Moore**

- Access to Care
- Access to Healthy Food

**INTEGRIS Community
Hospital
OKC West**

- Access to Care
- Access to Healthy Food

**Oklahoma Center for
Orthopaedic & Multi-
Specialty Surgery**

- Access to Healthy Food
- Tobacco
- Obesity

**Lakeside Women's
Hospital**

- Access to Care
- Access to Healthy Food
- Tobacco



Community Health Priority Issue: ACCESS TO HEALTHY FOOD

In Oklahoma, the food environment index (index of factors that contribute to healthy food environment) is 5.8 compared to 7.8 nationwide. (1) Hunger affects people of all walks of life. Community survey results identified access to healthy food as an issue and scored high in both survey forms. Therefore, we will continue to partner with the local food banks and pantries across the system to address hunger and malnutrition in the state.

(1) County Health Rankings & Roadmaps. Oklahoma. 2021 State Level Data and Ranks

Access to Healthy Food

Hospital Resources: staff volunteers, food outlets/pantries

Program	Supporting Activities	Current/Potential Partnerships	Yearly Targets
Food Bank Volunteers	Hospital staff volunteer their time at a food bank	<ul style="list-style-type: none"> Regional Food Bank Project 66 Food & Resource Center 	<ul style="list-style-type: none"> FY 2023: Offer and communicate 2 volunteer opportunities for employees to participate FY 2024: Offer and communicate 2 volunteer opportunities for employees to participate FY 2025: Offer and communicate 2 volunteer opportunities for employees to participate
Food Drive	Support food bank / pantries through donations	<ul style="list-style-type: none"> Regional Food Bank Project 66 Food & Resource Center 	<ul style="list-style-type: none"> FY 2023: Complete two food drives FY 2024: Complete two food drives FY 2025: Complete two food drives



Community Health Priority Issue: OBESITY

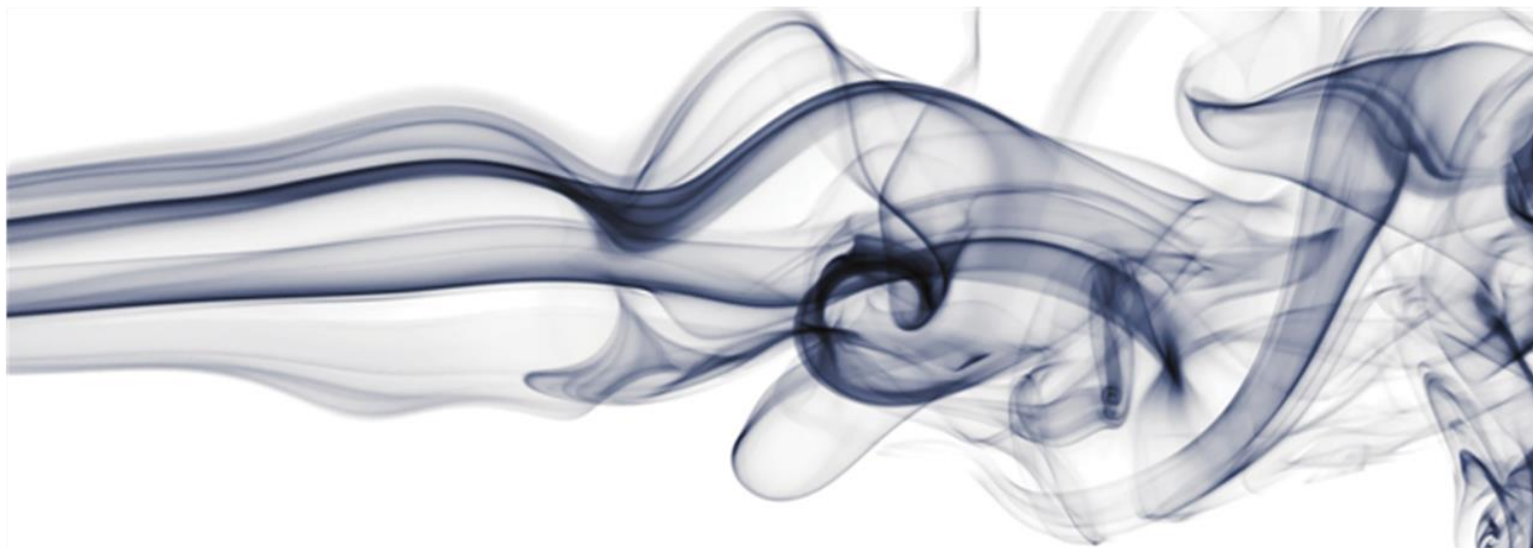
Oklahoma is the ninth most obese state in the nation. (1) Oklahoma's obesity rate has surpassed the 35% rate and is currently at 36.4%. (1) Excess weight increases the risk of developing chronic diseases such as heart disease, stroke and diabetes. Today's convenience of fast food, more screen time and less fruit and vegetable consumption only increase a child's risk of being overweight/ obese. The impact obesity can make on a child can be lifelong. This collectively focused effort utilizes prevention strategies encouraging kids to make better choices and to move more. Education plays a significant role with adults focusing on better nutrition, portion size and increasing their physical activity.

(2) The State of Obesity: Better Policies for a Healthier America. 2021

Obesity

Hospital Resources: educational material

Program	Supporting Activities	Current/Potential Partnerships	Yearly Targets
Pediatric Healthy Living Education	Provide healthy living education	TSET Healthy Living Program USDA MyPlate	<ul style="list-style-type: none"> • FY 2023: Ensure each pediatric patient receives a placement with healthy eating education • FY 2024: Ensure each pediatric patient receives a placement with healthy eating education • FY 2025: Ensure each pediatric patient receives a placement with healthy eating education
Adult Healthy Living Education	Provide healthy living resources	TSET Healthy Living Program USDA MyPlate	<ul style="list-style-type: none"> • FY 2023: Include TSET education to all patients in discharge packet and complete quarterly healthy living challenges with staff through employee health • FY 2024: Include TSET education to all patients in discharge packet and complete quarterly healthy living challenges with staff through employee health • FY 2025: Include TSET education to all patients in discharge packet and complete quarterly healthy living challenges with staff through employee health
Social Media Campaign	Assist in establishing Hope Squad in Oklahoma County	TSET Healthy Living Program USDA MyPlate	<ul style="list-style-type: none"> • FY 2023: Promote two campaigns on hospital social media platforms • FY 2024: Promote two campaigns on hospital social media platforms • FY 2025: Promote two campaigns on hospital social media platforms



Community Health Priority Issue: TOBACCO

Although tobacco was not specifically identified by the community as a priority issue, INTEGRIS Health chose to continue addressing the issue. The state of Oklahoma continues to have an “F” in heart disease deaths and a grade of “D” in the incidence of lung cancer. (2) Oklahoma is one of the unhealthiest states in the nation. Each year 7,500 adults die from their own smoking. (3) With the expansion of vaping and electronic cigarettes, nicotine addiction remains an important issue. 31.1% of cancer deaths in Oklahoma can be attributed to smoking. (3) Tobacco use in Oklahoma costs \$1.62 billion in direct health care costs. (3)

(3) Oklahoma State of the State Health Report. Indicators. 2019

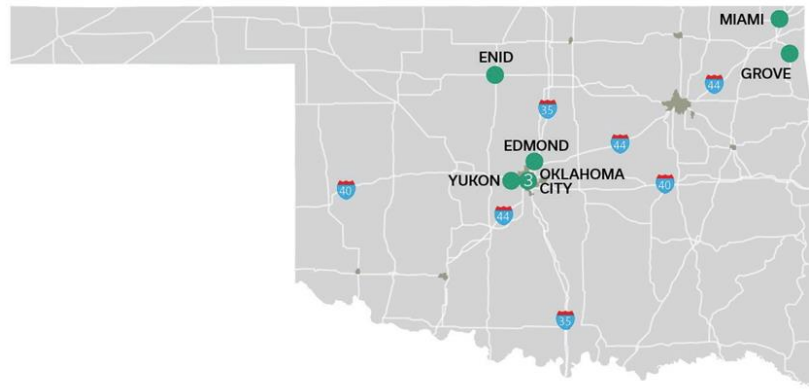
(4) Tobacco Free Kids. Oklahoma State Report. 2022

Tobacco

Hospital Resources: educational material, employee assistance program

Program	Supporting Activities	Current/Potential Partnerships	Yearly Targets
Tobacco Cessation Education	Assess and provide smoking cessation education to every hospital admission utilizing “OK to Quit” and “TSET” Information flyer	<ul style="list-style-type: none"> • Oklahoma Tobacco Helpline • OK to Quit • TSET 	<ul style="list-style-type: none"> • FY 2023: Offer TSET education to patients who use tobacco and ensure TSET education in all patient waiting areas • FY 2024: Offer TSET education to patients who use tobacco and ensure TSET education in all patient waiting areas • FY 2025: Offer TSET education to patients who use tobacco and ensure TSET education in all patient waiting areas
Tobacco Free Policy	Support and promote tobacco free policy at all campuses	<ul style="list-style-type: none"> • Oklahoma Tobacco Helpline • OK to Quit • TSET 	<ul style="list-style-type: none"> • FY 2023: Ensure signage is posted and current, and revise and update policy • FY 2024: Ensure signage is posted and current, and revise and update policy • FY 2025: Ensure signage is posted and current, and revise and update policy
Social Media Campaign	Promote tobacco use prevention including vaping and electronic cigarettes	<ul style="list-style-type: none"> • Oklahoma Tobacco Helpline • OK to Quit • TSET 	<ul style="list-style-type: none"> • FY 2023: Promote two campaigns on hospital social media platforms • FY 2024: Promote two campaigns on hospital social media platforms • FY 2025: Promote two campaigns on hospital social media platforms

Facilities



Facilities required to have a Community Health Improvement Plan

HPI Community Hospital North	INTEGRIS Community Hospital Moore
HPI Community Hospital South	INTEGRIS Community Hospital OKC West
HPI Northwest Surgical Hospital	INTEGRIS Health Edmond
INTEGRIS Baptist Medical Center	INTEGRIS Southwest Medical Center
INTEGRIS Canadian Valley Hospital	Lakeside Women's Hospital
INTEGRIS Community Hospital Council Crossing	Oklahoma Center for Orthopaedic Multi-Specialty Surgery
INTEGRIS Community Hospital Del City	

Regional Facilities

- INTEGRIS Bass Baptist Health Center, Enid
- INTEGRIS Grove Hospital
- INTEGRIS Miami Hospital

Link to all facilities' CHIPs: <https://integrisok.com/about-integris/serving-our-community/reports>



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Community Health Improvement Plan FY 2023-2025

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Community Benefit

